

RECRUITMENT DAY

The image features a dark grey background with a fine white dot pattern. The text 'RECRUITMENT DAY' is centered in a white, bold, sans-serif font. Below the text, there is a decorative graphic consisting of a solid green trapezoidal shape pointing downwards, which is set against a yellow background that also tapers to a point at the bottom.

INTRODUCTION

- ▶ Young People of Caerphilly have said, through the Youth Forum, that Drugs, Alcohol and NPS's (New Psychoactive Substances, which are also known as legal highs) are easy to get and young people need more education around these issues.
- ▶ Caerphilly Youth Forum members made 3 short films focusing on NPS's, drugs and alcohol to raise awareness of some of the dangers. Each film is accompanied by a workshop to educate young people about the substances, advise what to do if someone has used them and to show how real people have been effected by drug or alcohol use.
- ▶ This film and workshop focuses upon cannabis, which is an illegal drug. Study reports show that cannabis is the most used illegal drug that young people use in Wales. It is the most easily obtainable drug to young people. Cannabis is sometimes seen as a gateway drug and can lead to more serious drug use, as you get older. This film shows how peer pressure influences drug use and how the use of illegal drugs can ruin later life opportunities.

Click [here](#) to watch film or Run DVD

STREET NAMES

- ▶ Group Discussion –
- ▶ What street names have you heard for Cannabis?

STREET NAMES

- Weed
- Green
- Blow
- Spliff
- Wacky Backy
- Ganga
- Pot
- Herb
- Bong

- Grass
- Hash
- Bud
- Rocky
- Skunk
- Resin
- Draw
- Reefer
- Marijuana

STREET NAMES

- ▶ Group Discussion –
- ▶ What street names have you heard for other Drugs?

STREET NAMES FOR OTHER DRUGS

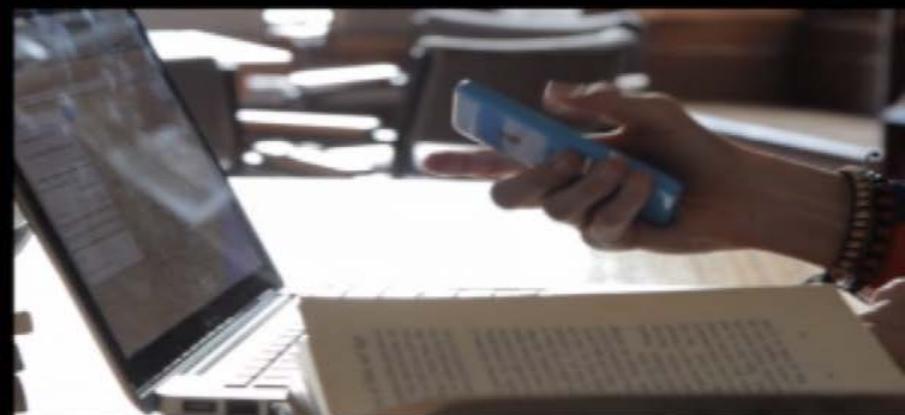
- Charlie
- Sniff
- Phet
- Whizz
- Base
- Speed
- XTC
- Shrooms
- Coke

- Meow
- Meth
- Smack
- Powder
- Rock
- Acid
- Special K
- Moggies
- Gear

FILM STILLS

Conduct a group discussion about each of the following film stills.

WHAT'S HAPPENING?



What's Happening?

Kate is excited to share her good news with her friends.

She has been accepted for an interview to join the Army.

An army career is something Kate has always wanted.

Kate is looking forward to an exciting future.



THINK BACK TO THIS SCENE.
WHAT'S HAPPENING?



Drug Dealing & Peer Pressure:

Given for free – dealers sometimes do this to get you ‘hooked’ or want more.

Can be a ‘gateway drug’ - start smoking a bit of cannabis then try other things, dependence can develop.

Pressured by others to try cannabis.
Alcohol affects decision making.

What do you think a ‘typical’ drug dealer looks like?

There is NO ‘typical’ drug dealer, a drug dealer can be anyone.
If you share drugs with friends this can be seen as dealing too.

THINK BACK TO THIS SCENE.
WHAT'S HAPPENING?



What are others thinking?

She's stupid – could lose friends.

Why did she do it.

Concern about her decision making.

It's a laugh seeing how it affects you.

The 'dealer' friend may think Kate owes her now.

Kate's mind and thoughts are affected by the Cannabis making her feel confused about what other's think of her.

THINK BACK TO THIS SCENE.
WHAT'S HAPPENING?



Effect on Kate

Bad effect.

Probably wishes she hadn't used it.

'Whitey' - being sick.

Not all experiences are the same.

Drugs affect everyone differently.

Mixing substances is dangerous –
e.g., Alcohol and Cannabis.

THINK BACK TO THIS SCENE.
WHAT'S HAPPENING?

the TCSG process
tested **positive** for the
visions of the above re
that you will be sep

report to
rning alcohol and dru
sence of illegal drugs
nced procedure, this
employment

THE FUTURE

How can using drugs affect your future?

End of career

Being labelled

Bad reputation

Letting yourself , family & friends down

Becoming addicted

Criminal record

Young people can get in to trouble with the law whilst under the influence of drugs.

Funding drug use can also cause criminal behaviour.

This may affect the rest of your life.

SHORT AND LONG TERM EFFECTS

- ▶ Group Discussion –
- ▶ What are the short and long term effects of smoking cannabis?

SHORT AND LONG TERM EFFECTS

▶ Short term

- ▶ 'Whitey' feeling sick
- ▶ Disorientation
- ▶ Confusion
- ▶ Anxiety
- ▶ Mood swings
- ▶ Memory loss
- ▶ Loss of motivation
- ▶ Red eyes
- ▶ Munchies
- ▶ Weight gain
- ▶ Feeling dizzy
- ▶ Paranoia
- ▶ Panic attacks
- ▶ 'The giggles'
- ▶ Relaxation

Long term

- ▶ Paranoia
- ▶ Psychosis
- ▶ Psychological dependence
- ▶ Schizophrenia
- ▶ Lung disease

SHORT AND LONG TERM EFFECTS CONTINUED

- ▶ Group Discussion –
- ▶ What are the short and long term effects of taking other Drugs?
(*such as: Meow, Speed, Cocaine, Ecstasy, Valium & Magic Mushrooms*)

SHORT & LONG TERM EFFECTS OF DRUG USE

Short Term

Impaired judgement

Confusion

Panic

Depression

Seizures

Breathing problems

Anger

Cravings

Violent behaviour

Relationship breakdown

Sleep problems

Loss of appetite

Unconsciousness

Sudden death

Long term

Addiction

Memory loss

Psychosis

Severe depression

Malnutrition

Liver, kidney & lung damage

Tooth decay

Heart attack

Stroke

Death

CASE STUDY

- ▶ This is a real story from an actual person living in Caerphilly Borough. After watching the short film please discuss it as a group.

Click [here](#) to watch film or Run DVD

AND FINALLY

If after taking part in this workshop you feel you need to speak to someone to get some help/support or more information please speak to your teacher/youth worker.

USEFUL CONTACTS

CRI – DAYS
Drug & Alcohol Youth Support
Unit 46, Block G
Block G Evans Business Centre
Western Industrial Estate
Caerphilly
CF83 1BE
Freephone; 0808 168 7176
Twitter: DAYSCYMRU

Dan 24/7
Wales Drug and Alcohol Helpline
Freephone; 0808 808 2234
Text DAN to; 81066
www.Dan247.org.uk

Talk to Frank
Tel; 0300 123 6600
Text; 82111
www.talktofrank.com